

Appendix A - INSTRUCTIONS FOR COLLECTION OF SEMEN SAMPLE

Please read these instructions thoroughly BEFORE collecting the sample.

There is an appointment system for delivery of the sample to the laboratory, please contact the laboratory on 01895 279287 to make an appointment BEFORE producing your sample.

Please note that the sample should be collected at home as there are NO facilities at the hospital for collection, it is a criminal offence to produce a sample in a public toilet.

Collection of sample It must be at least 2 days but no more than 7 days since you last had sex or masturbated. Before producing the sample wash your hands and genitals with soap and water, ensure removal of all soap residues and dry thoroughly.

The container Please use the sterile container provided. Collect the sample by masturbation only directly into the container, ensuring that the whole sample is collected. (Do not use a sheath/condom for collection as they are harmful to sperm). Replace the lid on the container and ensure that it is on firmly. Write your name and date of birth on the container label. Record details of the specimen on the form provided below.

Delivery of sample The sample should be delivered to pathology specimen reception at Hillingdon Hospital within **ONE** hour of production. The specimen should be kept warm during transit (an inside pocket is ideal) the specimen request form and this completed form should be handed directly to a member of staff. Please do not just leave the sample without attracting someone's attention. Pathology reception is on the first floor of the tower block, come in the Out Patient entrance go up the stairs and follow the corridor to the right, pathology reception is on the left.

Results will be returned to the GP/clinic within 10 days of the sample being received in the laboratory.

PLEASE NOTE:

Samples **WILL NOT** be accepted for testing if:

- You do not have an appointment or are more than 30 minutes late for your appointment.
- You have not used the correct container.
- They are leaking.
- They are more than 1 hour old when received in specimen reception.
- You have not abstained from intercourse for the required number of days
- You do not have a request form
- If you have not completed a specimen details form.

This is to ensure that the results obtained from the sample are reliable.

For any queries concerning sample collection and delivery please contact the laboratory on 01895 279287 Monday - Friday 9.00 - 4.00

PATIENT DETAILS

Appointment time: _____

Surname: _____ Forename: _____ DOB: _____

SPECIMEN DETAILS:

What time did you pass this sample? _____ Date: _____

What time was the sample handed to specimen reception staff? _____

Was the whole sample collected? Please circle Yes /No Portion lost: Please circle First / Last

When was the last time you ejaculated before this sample? Date: _____

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For laboratory use only:

Result codes:

Date		Volume		Normal morphology	
Time collected		Count		pH	
Whole sample?		Progressive %		Viscosity	
Days abstained		Non progressive %		Agglutination	
Age of specimen		Non motile %		Other cells	
Comments					
Initial examination by :		Morphology by:		Results entered by:	

APPT: Sample brought in without an appointment.

APPO: Patient more than 30 minutes late for appointment.

CONT: Incorrect container.

LEAK: Sample leaking.

TIME: Sample more than an hour old when received.

ABST: Period of abstinence outside set range.

PAT: Sample left at specimen reception.

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